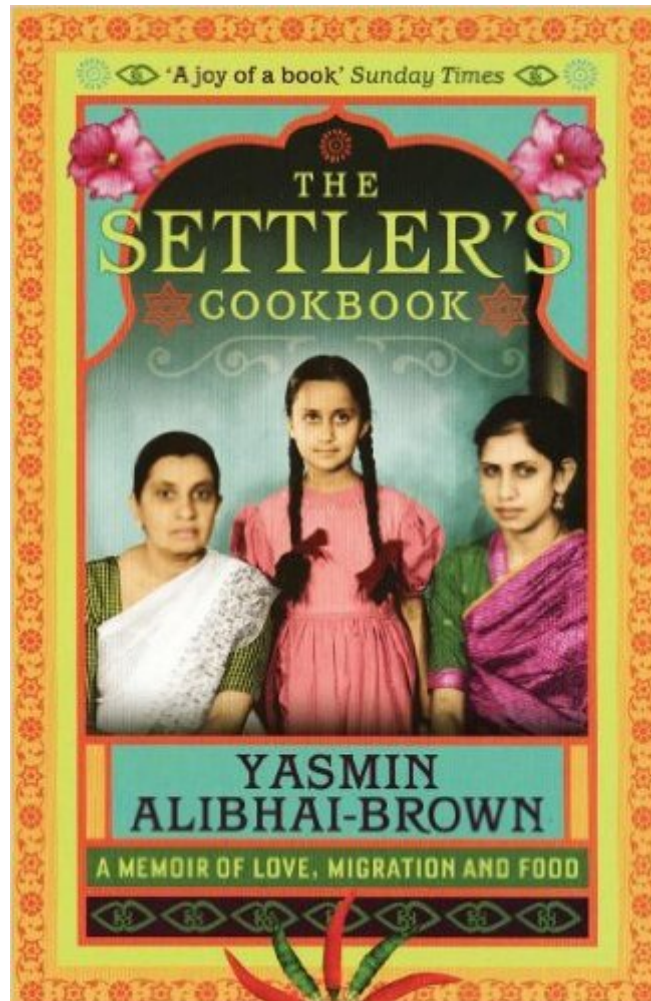


The book was found

The Settler's Cookbook: Tales Of Love, Migration And Food



Synopsis

"Full of rich delicious prose, and even more delicious recipes, this wonderful story of one Indian family, and the memories and meals they shared over generations, gives fresh meaning to the term 'soul food'" Meera Syal Through the personal story of Yasmin's family, food, and recipes they've shared together, *The Settler's Cookbook* tells the history of Indian migration to the UK via East Africa. Her family was part of the mass exodus from India to East Africa during the height of British imperial expansion, fleeing famine and lured by the prospect of prosperity under the empire. In 1972, expelled from Uganda by Idi Amin, they moved to the UK, where Yasmin has made her home with an Englishman. The food she cooks now combines the traditions and tastes of her family's hybrid history. Here you'll discover how shepherd's pie is much enhanced by sprinkling in some chilli, Victoria sponge can be enlivened by saffron and lime, and the addition of ketchup to a curry can be life-changing.

Book Information

Paperback: 352 pages

Publisher: Granta UK; New edition (February 4, 2010)

Language: English

ISBN-10: 1846270847

ISBN-13: 978-1846270840

Product Dimensions: 5 x 1.5 x 8 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #767,133 in Books (See Top 100 in Books) #254 in [Books > Cookbooks, Food & Wine > Asian Cooking > Indian](#) #827 in [Books > Cookbooks, Food & Wine > Cooking Education & Reference > Essays](#) #952 in [Books > Biographies & Memoirs > Professionals & Academics > Culinary](#)

Customer Reviews

This book is a welcome addition to my food memoir bookshelf which is heavy in Western influenced food/countries. The author goes into great detail about growing up in Uganda and eventually going to Oxford in the middle of London's own chaotic environment. She also covers the tension between the Asian community and the Africans. TSC is part history, and takes the reader (if you are an average American with the basic American education) into a history of a country which is largely ignored. Her most memorable passages are those when she describes the generational tensions,

including her own beating by the hands of her family when she dared to kiss a black African boy in a production of Romeo and Juliet, and the section detailing her failing marriage. Although I enjoyed the whole book. The recipes look delicious and authentic (although since I am kitchenless at the moment I have not had a chance to try them out)She does try to make concessions for the availability of ingredients. Very well formatted for the kindle.

The book surprised me very pleasantly in that I did not expect to read such an accurate description of a country where I lived during the three years before Amin took over the country. Of course many of the topics are not pleasant about those dark hours of Ugandan history. The Asian experience in Uganda needed to be told. I enjoyed reading the recipes and will try some. Uganda was my first intro to Indian curry and I have loved eating Indian dishes ever since. The author's coming of age story in such turbulent changing times is compelling. My only disagreement with the author is that I loved eating Matoke and miss that fruity plantain taste it gave curries.

[Download to continue reading...](#)

The Settler's Cookbook: Tales of Love, Migration and Food Data Center Migration, Re-Location, Consolidation, UNIX, Linux, Windows, SAN Storage Data Migration Bottom line Practical Job Interview Questions & Answers Raw Food Diet: 50+ Raw Food Recipes Inside This Raw Food Cookbook. Raw Food Diet For Beginners In This Step By Step Guide To Successfully Transitioning ... Vegan Cookbook, Vegan Diet, Vegan Recipes) 100 Exotic Food Recipes (Puerto Rican Food Recipes,Picnic Food RecipesCaribbean Food Recipes,Food Processor Recipes,) ORGANIC COOKBOOK: Healthy And Delicious Baby Food Recipes Which Are Nutritious And Easy To Cook (organic food, food recipes, nutritious food) Settler Sovereignty: Jurisdiction and Indigenous People in America and Australia, 1788-1836 (Harvard Historical Studies) The Adobo Road Cookbook: A Filipino Food Journey-From Food Blog, to Food Truck, and Beyond [Filipino Cookbook, 99 Recipes] Between Indigenous and Settler Governance A Viking Settler (Everyday Life of Series) American Settler Colonialism: A History Island Style Cookbook: Guam's Favorite Soups, Tasty Guam Recipes, Wonderful Chamorro Island Food , Exotic Guam Cookbook Of Soups, Enjoy Awesome Chamorro Guam Food From This Island Cookbook Homemade Baby Food: 17 Wholesome Baby Food Recipes for Easy, Nutritious, and Delicious Homemade Baby Food (How to Make Baby Food) Raw Food: Lazy Man's Guide To Raw Food Success (raw food, raw vegan, raw food diet, raw vegan diet, 801010, 801010 diet,) The Adobo Road Cookbook: A Filipino Food Journey—from Food Blog, to Food Truck, and Beyond Food for Love: Healing the Food, Sex, Love and Intimacy Relationship Raw Food Recipes: Raw Food Diet Recipes in a Raw Food Cookbook ZONE DIET:

Zone Diet Cookbook (Includes 50 Zone Diet Recipes For Every Meal) (Antioxidants & Phytochemicals, Food Allergies, Macrobiotics, Food Allergies, ... Zone diet food, Zone diet for beginners 1) Southern Cooking Cookbooks: southern cooking recipes Collection Of the Best, Healthy, Delicious And Recommended Soul Food Cookbook (soul food for diabetes,Southern Cookbook): Best Fried Chicken The Bridesmaids: True Tales of Love, Envy, Loyalty . . . and Terrible Dresses (Picador True Tales) Indian Cooking: for Beginners - Indian Recipes Cookbook 101 - Indian Cuisine - Indian Culinary Traditions (Indian Food Recipes - Indian Food Cookbook for Beginners)

[Dmca](#)